



## Learning Project Summer 2 Week 4: Sport

**Age Range: KS1**

<b>Weekly Maths Tasks</b> Aim to do 1 per day after accessing your weekly learning on <a href="#">Maths Shed</a> and <a href="#">Purple mash</a>	<b>Weekly Reading Tasks (Aim to do 1 per day)</b>
<ul style="list-style-type: none"> <li>Play a board game together so that your child can practise their counting and the language of position and direction. Maybe <a href="https://www.primarygames.com/puzzles/board/snakesandladders/">https://www.primarygames.com/puzzles/board/snakesandladders/</a>?</li> <li>Place an object on the ground and use positional language such as <b>forward, backwards, up, down, left</b> and <b>right</b> to direct them to the object. You could switch roles and get your child to give the directions. If you wanted to make it harder, you could use a blindfold but be extra careful!</li> <li>Play 'Catch' with your child using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, ask your child to count in 2s, 5s and 10s.</li> <li>Encourage your child to complete this <a href="https://nrich.maths.org/234/index">https://nrich.maths.org/234/index</a> activity to develop their understanding of positional language.</li> <li>Each member of the family could have a go at the Long Jump. Ask your child to measure the length of each jump using a measuring tape and record the lengths. Who jumped the furthest? Who had the shortest jump? What was the difference between the shortest and longest jump?</li> </ul> <p><b>Challenge</b></p> <ul style="list-style-type: none"> <li>White Rose Year 1 – scroll down to click on 'Week 2' - lessons 1-3 – watch the videos and complete the given activities <a href="https://whiterosemaths.com/homelearning/year-1/">https://whiterosemaths.com/homelearning/year-1/</a></li> <li>White Rose Year 2 – scroll down to click on 'Week 2' - lessons 1-3 – watch the videos and complete the given activities <a href="https://whiterosemaths.com/homelearning/year-2/">https://whiterosemaths.com/homelearning/year-2/</a></li> </ul>	<ul style="list-style-type: none"> <li>Provide your child with a bag and ask them to collect items to go in it that relate to a well-known story. If they can't find an item, they could draw a picture instead. Ask them to use the objects in the story bag to retell the familiar story.</li> <li>Talk to your child about a hero from a book they have read recently, for example the Prince from Rapunzel or Mulan. Ask them to draw the hero or heroes from a story and list adjectives to describe their appearance and personality.</li> <li>Your child can listen to the Cbeebies story 'Martin the Mouse' (<a href="https://www.bbc.co.uk/cbeebies/radio/story-time-martin-the-mouse">https://www.bbc.co.uk/cbeebies/radio/story-time-martin-the-mouse</a>). Ask your child to record the main events from this sporty story. They can draw the events, write sentences or even retell the story orally in their own words.</li> <li>Ask your child to choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together?</li> <li>Watch and listen to '<a href="#">The Little Princess: I Want to Win</a>' based on the Tony Ross book. Talk to your child after this about how the Little Princess felt each time she won a game. Can they think of a time they felt like the Little Princess? <a href="https://safeyoutube.net/w/s6h6">https://safeyoutube.net/w/s6h6</a></li> </ul>
<b>Weekly Phonics/Spellings/Grammar Tasks</b> Aim to do 1 per day after accessing your weekly learning on <a href="#">Spelling Shed</a>	<b>Weekly Writing Tasks (Aim to do 1 per day)</b>
<ul style="list-style-type: none"> <li>Daily phonics - Ask your child to practice their sounds and blend words. Interactive games found on links below. <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a></li> </ul>	<ul style="list-style-type: none"> <li>Has your child got a favourite sportsperson? Ask them to write an information booklet about this person. Think about the features of a non-fiction text and try to include some e.g. title,</li> </ul>

[https://www.youtube.com/channel/UCo7fbLgY2oA\\_cFCI9GdxtQ/videos](https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI9GdxtQ/videos)

This link supports Read, Write Inc

sounds

- Spelling  
<https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>  
Spelling City  
<https://www.spellingcity.com/spelling-games-vocabulary-games.html>
- The word '**sport**' contains the sound '**or**'. Ask your child to list as many words as they can that contain the '**or**' sound. Your child might identify words that contain an alternative spelling for '**or**' such as **oor/ore/aw/au**.
- Ask your child to add the '**ing**' suffix to these verbs: jump, skip, hike, throw, catch, kick, smile, run & shout e.g. jump + ing = jumping. Which root words need the '**e**' removing first?
- Spell common exception words pick 5-10 at a time and write them in different ways. This could include bubble writing, chalk outside, paint brush and water outside, magnetic letters etc.

subheadings, bullet points, captions etc.

- Ask your child to think of questions they'd love to ask their favourite athlete. They could write a list of questions using a range of questions words such as '**when**', '**why**', '**who**', '**what**', '**where**' and '**how**'. Your child could then answer their own questions in the role as their hero.
- Visit the Literacy Shed for this wonderful resource on The Catch or your child could write their own sporting story featuring their hero.  
<https://www.literacysshedplus.com/en-gb/resource/the-catch-ks1-activity-pack>
- Can your child design a poster all about teamwork? This could be linked to your family and how you all have to work together as a team.
- Ask your child to design a gold medal and present it to somebody deserving within the household. Why have they chosen this person? Ask them to write a few sentences and include the conjunctions '**and**', '**because**' and '**if**'.
- Purple mash activity on what happens to your body during exercise.  
<https://www.purplemash.com/login/>

## Oak National Academy

Optional work

You may find these videos and activities useful so please use them if you would like.

**Year 1:**

### English

This week we are going to listen to a story.

Here we will learn about exclamation marks and continue to write our own story.

<https://classroom.thenational.academy/lessons/to-listen-to-a-story>

### Maths

This week we are going to look at money.

Please begin the new lesson sequence on 'Money'. Work through lessons 1, 3 and 5.

<https://classroom.thenational.academy/lessons/to-identify-the-physical-properties-of-coins>

**Year 2:**

### English

This week you could have a look at the Week 3 English lessons for Year 2 all about 'The Firework Maker's Daughter'. Please look at the top of the page to find the lessons on 'Genre Focus: Action Scene' These 5 videos include some spelling and great reading and writing activities as the lessons progress through the week. They have prompts for when to pause the video. The spelling is linked to the Year 2 common exception words not our spelling shed list.

<https://www.thenational.academy/online-classroom/year-2/english#subjects>

### Maths

Please continue with the lesson sequence on 'Fractions'. Work through lessons 6-10.

<https://www.thenational.academy/online-classroom/year-2/maths#subjects>

Do have a look at them and, as ever, please get in touch if you have any questions!

### Learning Project - to be done throughout the week: Sport

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Obstacle Course Fun-** Task your child with designing and making their very own obstacle course in the garden. Ask them to draw and label their design first and include all of the equipment they need. They can then use their design to create their obstacle course. Ask the family to complete the obstacle course whilst your child times them. Your child could even make medals from tin-foil or any other suitable material and present them to the winner during a winner's ceremony.
- **Make a Family Mascot-** Your child could make their very own family mascot using materials from around the house. First of all, visit the Olympic Mascot Official list and look at past mascots. What makes a good mascot? What qualities does the mascot represent? <https://www.olympic.org/mascots>
- **Remarkable Routines-** Can your child create their very own simple routine, just like a gymnast, dancer or synchronised swimmer? Start by watching a video of a routine together, to get some ideas. After this, your child can choose a piece of music to practise their routine to. You could film their performance?  
Watch the performance together- what does your child think went well? What could be even better?
- **Terrific Team Kits-** Ask your child to design their very own team kit. They should consider the flag of the country that they would represent and how to incorporate these colours into the design. They could draw the design with a pencil or use a computer program to do this.
- **Can you Invent a New Olympic Game?-** Challenge your child to invent their very own game for the 2021 Olympics. Look at a list of all of the sports that already compete in the summer Olympics <https://www.olympic.org/sports>. Can they write a set of instructions for the new game or draw illustrations. Why not test the game out as a family?

#### **Brilliant Bodies – science**

- Can you name all the parts of the human body?  
<https://www.bbc.co.uk/bitesize/topics/z9yycdm>
- Can you name some of the bones in your body? – see diagram at the bottom of the grid.
- What can your body do? Balance on one leg? Touch your nose with your tongue? Look at the [body challenge cards](#) and see how many you can do.  
[https://www.stem.org.uk/system/files/elibrary-resources/legacy\\_files\\_migrated/29982-wellcometrust\\_primary\\_bb\\_bodychallengecards.pdf](https://www.stem.org.uk/system/files/elibrary-resources/legacy_files_migrated/29982-wellcometrust_primary_bb_bodychallengecards.pdf) Ask your family to join in and make your own body challenge cards.
- The complete resource can be downloaded [here](#) -  
<https://www.stem.org.uk/resources/elibrary/resource/34276/brilliant-bodies>

#### **Additional learning resources parents may wish to engage with**

- The NHS Change 4 Life website has some great games and activities, specifically ones for staying indoors. Have a look <https://www.nhs.uk/change4life/activities/sports-and-activities>
- For lots more clips, activities and ideas to get active visit the sport's section on the <https://www.bbc.co.uk/cbeebies/topics/sports>

**Mastery Mathematics Learning Packs** Learning packs with a range of different activities and lessons. There are notes on how to do these activities with your children.  
<https://www.mathematicsmastery.org/free-resources>

**Vocabulary Ninja** - This gives you a word of the day with its definition and synonyms. Why not try to add a new word to your vocabulary each day!  
<https://vocabularyninja.files.wordpress.com/2017/08/ks1-word-of-the-day-free.pdf>

**Pobble365** - A different picture everyday with writing activities, comprehension questions and other activity ideas. You can look at previous pictures as well - pick a favourite to inspire your learning!

<https://www.pobble365.com/>

**Classroom Secrets Learning Packs** - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

<https://classroomsecrets.co.uk/free-home-learning-packs/>

**Headteacherchat** - This is a blog that has links to various learning platforms. Lots of these are free to access.

<https://www.headteacherchat.com/post/corona-virus-free-resources-for-teachers-and-schools>

### **Be Active**

PE and Mindfulness Links – please choose one a day

Supermovers

<https://www.bbc.co.uk/teach/supermovers/welcome-to-the-super-movement/zkr747h>

Yoga

<https://www.youtube.com/watch?v=ho9uttOZdOQ>

Joe Wicks

<https://www.youtube.com/watch?v=d3LPrhI0v-w>

Go Noodle

<https://app.gonoodle.com/>

Just dance

[https://www.google.com/search?q=just+dance+for+children&source=lnms&tbn=isch&sa=X&ved=2ahUKEwjWrJDU3MT0AhXESHEKHXdCDeAQ\\_AUoA3oEACAcQBQ&biw=1094&bih=455](https://www.google.com/search?q=just+dance+for+children&source=lnms&tbn=isch&sa=X&ved=2ahUKEwjWrJDU3MT0AhXESHEKHXdCDeAQ_AUoA3oEACAcQBQ&biw=1094&bih=455)

Read PE

<https://home.jasmineactive.com/>

Parent email: parent@standrewsc-6.com

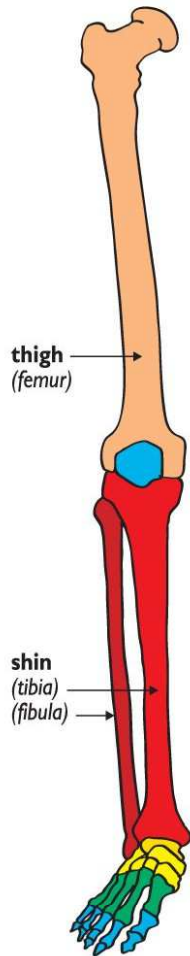
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***St Andrew's Primary Learning Projects***

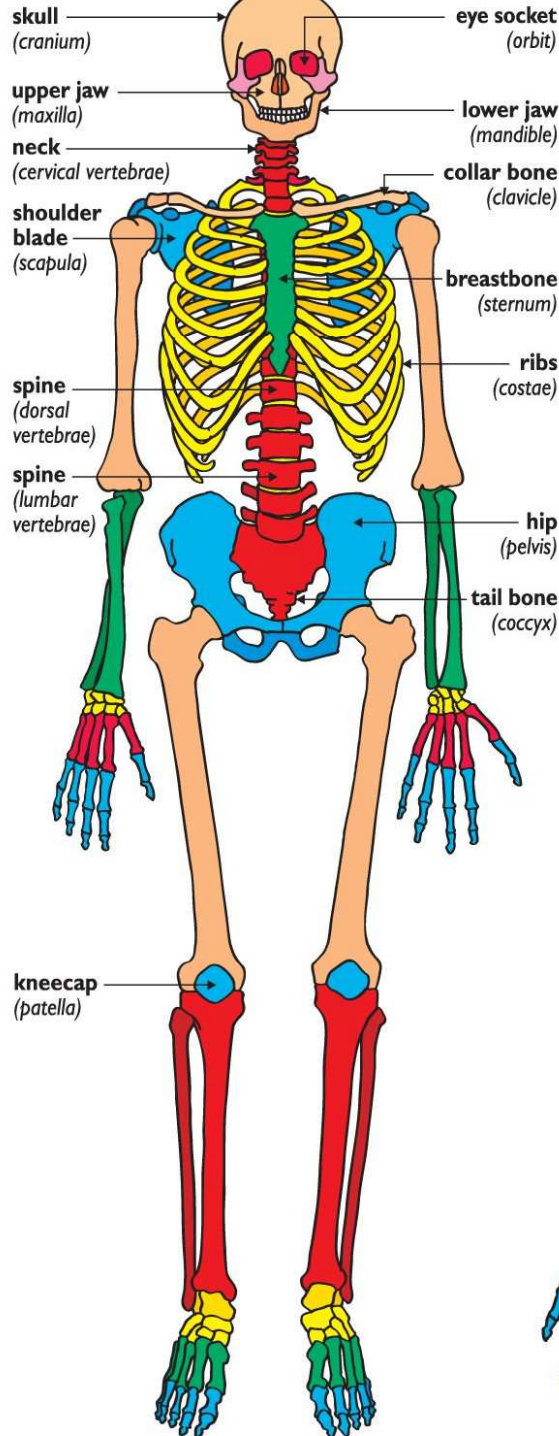
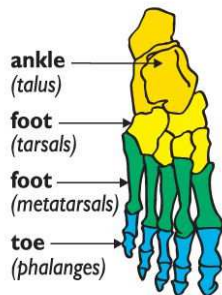
# My Bones

There are over **206 BONES** in our body

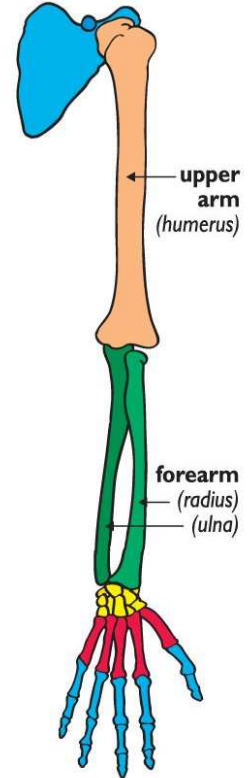
## Leg



## Foot



## Arm



## Hand

