## Spring/Summer 2024

## **WEEK ONE**

WEEK 1 - 15th April, 6th May, 3rd June, 24th June, 15th July, 9th Sept, 30th Sept, 21st Oct

## **Monday**

Main Option – Cheese & Tomato Pizza with Potato Wedges

Dessert - Chocolate Cookie

#### **Tuesday**

Main Option – Pork Sausages with Creamed Potato and Gravy

Veg Option – Quorn Sausage with Creamed Potato and Gravy

Dessert – Fresh Dairy Yoghurt

#### Wednesday

Main Option – Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy

Veg Option – Roasted Vegetable Parcel with Roast Potatoes, Seasonal Vegetables & Gravy

Dessert - Fresh Fruit Salad with Crème Fraiche

## **Thursday**

Main Option - Chicken Korma Curry with Rice

Veg Option – Jacket Potato with Cheese & Beans

Dessert - Apple Sponge with Custard

#### **Friday**

Main Option – Harry Ramsdens Fish with Oven Chips

Veg Option – Garden Vegetable Goujons with Oven Chips

Dessert - Vanilla Ice Cream

# **Spring/Summer 2024**

## **WEEK TWO**

Week Two - 22<sup>nd</sup> Apr, 13<sup>th</sup> May, 10<sup>th</sup> June, 1<sup>st</sup> July, 22<sup>nd</sup> July, 16<sup>th</sup> Sept, 7<sup>th</sup> Oct

#### **Monday**

Main Option - Vegan Sausage Roll with Potato Wedges

Dessert – Shortbread Biscuit with Fresh Fruit Slices

### **Tuesday**

Main Option – Chicken & Sweetcorn Meatballs in Tomato Sauce with Spaghetti

Veg Option – BBQ Meat Free Meatballs with Spaghetti

Dessert – Fresh Dairy Yoghurt

## Wednesday

Main Option – Roast Gammon with Roast Potatoes, Seasonal Vegetables and Gravy

Veg Option – Glamorgan Sausage with Roast Potatoes, Seasonal Vegetables and Gravy

Dessert – Chilled Melon Slice

#### **Thursday**

Main Option – Fruity Caribbean Chicken with Rice

Veg Option – Jacket Potato with Cheese & Tuna

Dessert – Chocolate Sponge with Chocolate Sauce

#### **Friday**

Main Option – Fish Fingers with Oven Chips

Veg Option – Cheese & Tomato Pizza Swirl with Oven Chips

Dessert – Twin Ice Lolly

## **Spring/Summer 2024**

## **WEEK THREE**

Week Three - 29th Apr, 20th May, 17th June, 8th July, 2nd Sept, 23rd Sept, 14th Oct

## **Monday**

Main Option - Macaroni Cheese

Dessert – Fresh Dairy Yoghurt

## <u>Tuesday</u>

Main Option – Italian Style Chicken Goujons with Oven Chips

Veg Option - Southern Style Quorn Burger with Oven Chips

Dessert - Banana Sponge with Custard

#### Wednesday

Main Option – Roast Chicken with Roast Potatoes, Seasonal Vegetables & Gravy

Veg Option - Vegan Sausage Cutlet with Roast Potatoes, Seasonal Vegetables & Gravy

Dessert – Orange and Mandarin Jelly with Crème Fraiche

## **Thursday**

Main Option - Beef Lasagne

Veg Option – Jacket Potato with Cheese and Beans

Dessert - Lemon Shortbread Biscuit

#### **Friday**

Main Option – Harry Ramsdens Fish with Oven Chips

Veg Option – Vegetable Fingers with Oven Chips

Dessert – Raspberry Ripple Vanilla Ice Cream Sponge Roll