

Clothing for Forest School

The children are expected to come dressed appropriately for forest school sessions at St. Andrew's School. The clothing needed is weather dependent so alters from season to season. Old clothing is best so that the children do not have to worry about getting it dirty or damaged. The list below is a guide.

Cold weather clothing:

- Winter PE kit, **OR**
- Long sleeved t-shirt
- Jumper/fleece
- Tracksuit bottoms/walking trousers/leggings (not jeans)
- Waterproof trousers and coat
- Hat
- Gloves
- Wellington boots or waterproof shoes

Warm weather clothing:

- Summer PE kit
- Sun hat
- Sun cream protection
- Sturdy boots or wellies

Who takes part in Forest School?

All St. Andrew's pupils will participate in Forest School at some point during the school year. You will be advised by your class teacher when your child is due to take part in Forest School sessions.

Does it link in with the school's curriculum?

Absolutely! The Cornerstones curriculum at St. Andrew's covers a range of subjects from Geography to Art, and we aspire to include our Cornerstones curriculum within the Forest School. As well as learning the fundamentals of how to stay safe outdoors, the Forest School will include a range of lessons that touch on their learning project for that particular half term. For example, the Minibeast project, which is covered in Year 5, complete lessons based on insect identification and building minibeast habitats.

St. Andrew's Forest School Parents' Information



What is Forest School?

'Learning experiences outside the classroom are often the most memorable learning experiences helping children to make sense of the world around them, and the person within.'

Forest School offers an inspirational environment that provides all learners with opportunities to develop confidence and self-esteem through hands on learning experiences in a natural setting. It is a specialised learning approach that compliments the wider context of outdoor education. Forest School aims to promote the holistic development of all those involved, fostering resilient, confident, independent and creative learners. This fully supports the St. Andrew's Values that we aim to develop in all of our children.



Why is Forest School Good for Children?

- Beneficial for those who learn by 'doing'.
- Encourages children to take responsibility for themselves and others.
- Develops resilience and improves self-confidence.
- Encourages and enables controlled risk taking.
- Encourages a desire for learning which is transferred back to the classroom.
- Encourages children to become more active and healthy.
- Develops self-awareness.
- Improves communication skills.
- Develops independence.
- And much more!

Activities

Forest School lessons are flexible and learner driven. Some examples of the activities your child will be taking part in are:

- Nature art
- Shelter building
- Knot tying
- Sensory/nature walks
- Outdoor games
- Tree, plant and animal identification

All Forest School activities are risk assessed and supervised by appropriately qualified members of staff. Before they are allowed to use tools, children will receive safety talks and be required to demonstrate that they understand how they are to be used.



Contact Us

If you have any skills which you would like to pass on to our Forest School team or require any further information please contact us via the School Office:

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✉: office@standrews-primary.surrey.sch.uk