



## Learning Project Week 1 - Food

Age Range: EYFS

### Weekly Maths Tasks (Aim to do 1 per day)

- Watch a Numberblocks clip each day at: [BBC](#) or [CBeebies](#). Use this guide [here](#) to give you ideas on what to do with your children whilst watching an episode.
- Continue working on [MathsShed](#) - your child will have an individual login to access this. We don't set specific tasks on MathsShed so your child can choose the games they like.
- Explore weighing and measuring food on the kitchen scales. Explore what happens as you place more on the scales? Encourage your child to predict which items will be heavier or lighter than others.
- In this [game](#) kids have to weigh the bowls to work out which one must have the camel's toy hiding in it.
- Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

CBeebies Numberblocks

<https://www.bbc.co.uk/cbeebies/shows/numberblocks>

Parent Guide

<https://www.bbc.co.uk/cbeebies/joinin/numberblocks-help-your-child-with-maths>

Maths Shed

<https://play.edshed.com/login>

Happy Camel

<https://pbskids.org/peg/games/happy-camel>

### Weekly Reading Tasks (Aim to do 1 per day)

- Keep reading a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.
- Your child should still be reading to you daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a [free account](#) to access the books. Complete the linked Play activities for each book as well.
- Read 'The Very Hungry Caterpillar' together and see how much of the book your child can read to you!
- Look at recipe books and food magazines. Can your child spot some red words? Encourage your child to use their phonics knowledge to decode the ingredients list. Encourage your child to read the labels on packaging to figure out which ingredient it is.
- Have a look at a recipe for something you could make together. Encourage your child to read what ingredients they need and get them from the cupboards to start with. Then get them to read out the recipe and follow the instructions. [BBC](#) has some great recipes you could try. So does [Change4Life](#).

Oxford Owl <https://home.oxfordowl.co.uk/>

BBC Good Food

<https://www.bbcgoodfood.com/recipes/collection/kids-cooking>

Change4Life

<https://www.nhs.uk/change4life/recipes>

Weekly Phonics Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> <li>● Tune in to a daily RWI speed sounds lesson <a href="#">here</a>. Choose the set your child is currently working on.</li> <li>● Keep going with the <a href="#">interactive games</a> on Phonics Play.</li> <li>● Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.</li> <li>● You can try <a href="#">this</a> phonics game too – start with the option for CVC sentences. Read the sentence and answer yes, or no. If you're right the T-Rex gets some food!</li> </ul> <p>Read Write Inc  <a href="https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI9GdxtQ?fbclid=IwAR2zPh6YahI_fOxLD_ikMQES-EWj_I_6L8MYTCYYUYMBv-1DePkw5_7--E">https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI9GdxtQ?fbclid=IwAR2zPh6YahI_fOxLD_ikMQES-EWj_I_6L8MYTCYYUYMBv-1DePkw5_7--E</a></p> <p>Phonics Play <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a></p> <p>Tell A T-Rex  <a href="https://www.ictgames.com/mobilePage/tellATRex/index.html">https://www.ictgames.com/mobilePage/tellATRex/index.html</a></p>	<ul style="list-style-type: none"> <li>● Whenever your child does a picture or make a model encourage them to write a label or a caption for it explaining what it is and how they made it. When they do write encourage them to form their letters using the RWI letter formation rhymes to ensure they are forming their letters correctly.</li> <li>● Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a few short sentences as instructions.</li> <li>● Look at a range of different packages found around the kitchen. Support them to design a package for a treat of their choice. Maybe you could bake something yummy together first and then they could design the packaging for it!</li> <li>● Tell your child what is for supper that night. Get them to write out the menu for the people in your family. They could write out placecards too to say where each person in the family should sit.</li> </ul>

### Oak National Academy

Some of you have really enjoyed the lessons from Oak National Academy. These are optional but if you are finding them a helpful extra activity then I've put some more suggestions below.

You can either follow along week by week as they update the videos or you can pick and choose topics your child finds interesting.

English

<https://www.thenational.academy/online-classroom/reception/english#subjects>

Maths

<https://www.thenational.academy/online-classroom/reception/maths#subjects>

Foundation

<https://www.thenational.academy/online-classroom/reception/foundation#subjects>

As ever, please get in touch if you have any questions, worries or queries!

## Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Healthy/ Unhealthy:**

- Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell Plate](https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/) to help figure out which foods they should eat a lot of or not very much of.  
<https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>
- Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake-up](https://www.nhs.uk/10-minute-shake-up/shake-ups).  
<https://www.nhs.uk/10-minute-shake-up/shake-ups>
- Change4Life also has a great scanner app! Kids can scan the barcodes of different food to see whether it's healthy or unhealthy and how many sugar cubes it has in it. It's well worth downloading! Search Change4Life Food Scanner in the app store on your phone.

- **5 a day:**

- Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.

- **Play shops:**

- Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

- **Potato / Vegetable Printing:**

- Using a selection of (slightly past their best) vegetables from the bottom of your fridge, support your child to print and explore the shapes and patterns created:



- **Make cornflour gloop:**

- Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop. You might want to try this one outside if you can!

## Additional learning resources parents may wish to engage with

**SpellingShed and MathsShed** - You already have your child's login. Their password is either 'murphy' or 'kerr15' depending on which class they are in. Please email us if you can't login. <https://play.edshed.com/login>

**Classroom Secrets Learning Packs** - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home. <https://classroomsecrets.co.uk/free-home-learning-packs/>

**Twinkl** - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS. <https://www.twinkl.co.uk/>

**Headteacherchat** - This is a blog that has links to various learning platforms. Lots of these are free to access. <https://www.headteacherchat.com/post/corona-virus-free-resources-for-teachers-and-schools>

**Pobble365** - This is a site with a picture for every day of the year. You can use this photo below and see if your child can write about it, or make up a story about it and act it out. <https://www.pobble365.com/the-life-of-a-snail>



### **Be Active**

#### **PE and Mindfulness Links**

**Real PE** – this is the PE scheme we use at school. You can access it at home too:

The website address is: [home.jasmineactive.com](https://home.jasmineactive.com)

Parent email: parent@standrewsc-6.com

Password: standrewsc

**Supermovers** - <https://www.bbc.co.uk/teach/supermovers>

**Yoga for kids** - <https://www.cosmickids.com/>

**Joe Wicks PE** - <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

**GoNoodle** - <https://www.gonoodle.com/>

**Just Dance** - [https://www.youtube.com/channel/UChljW4BWKLqpojTrS\\_tX0mg](https://www.youtube.com/channel/UChljW4BWKLqpojTrS_tX0mg)

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